



Point Loma Yacht Club

2097 ShelterIsland Dr.

Suite 105

San Diego, CA 92106

www.pointlomayachtclub.org

SAILING INSTRUCTIONS - 2026 Charity Bay Race - Saturday, September 26, 2026

1. RULES:

- 1.1. This regatta will be governed by the rules as defined in [The Racing Rules of Sailing](#).
- 1.2. NAVAL and CRUISE SHIP PROTECTION ZONE: No vessel is allowed within 100 yards of NAVAL and CRUISE SHIP traffic.
- 1.3. If the Race Committee boat is damaged because of a boat breaking a rule, that boat shall be responsible for the repairs.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect.
- 2.2. In accordance with RRS 90.2 (c), oral changes to the Sailing Instructions may be made on the water. A change is in effect when the Race Committee (RC) signal boat displays Flag **L** over **A** with one sound signal. This means come within hail of the RC boat to receive the oral changes to the Sailing Instructions.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Official notices and amendments will be available online through the [EVENT NOTICE BOARD](#).
- 3.2 On the water, the RC will monitor and communicate with competitors on VHF radio channel 68. Please contact them to notify of a boat's intent to withdraw from racing per SI 17.1.
- 3.3 In the event of an on-the-water emergency, contact the US Coast Guard on VHF Channel 16 directly and immediately, then contact the RC when there is time.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SCHEDULE OF RACES

- 5.1 One race is scheduled.
- 5.2 The scheduled time of the warning signal for the first class is **11:55AM**, Martins at 1230pm.

6 CLASS FLAGS

- 6.1 No class flags are required. Boats may fly any pennant to designate to other boats that they are racing.

7 ENTRIES & CHECK-IN

- 7.1 [DP] Boats complete their entry by checking in with the RC boat prior to the first warning signal. Boats checking in shall pass the RC boat to starboard and hail with sail number, boat name and class. Check-in will be complete when the RC boat responds with that information. Visual check-in is strongly encouraged but R/C will accept radio check in on VHF 68.
- 7.2 Check-In will commence when the "L" flag is hoisted.
- 7.3 Visual check-in may continue after the first warning at the sole discretion of the R/C (but not within one minute of any start).

8 CLASS STARTING ORDER

- 8.1 The Spinnaker PHRF boats will start first on course L (unless course S is announced by RC), followed by the Martin Class on course 1, in accordance with RRS 26.

9 RACING AREA

- 9.1 The Racing Area covers the general locale known as San Diego Bay, Los Coronado Islands, the Pacific Ocean, and will include Mexican waters. For navigation, refer to [NOAA Charts](#) #18765 and #18733.

10 COURSES

10.1

COURSE #	COURSE	DISTANCE
1	S – X - 21p - F (X=yellow tetrahedron near Tom Hams)	2.9 NM
S	S - 19p – 18p - 22p - F	4.7 NM
L	S – 19p – 18p – 24p - F	6.5 NM

11 THE START

11.1 The first Warning signal will be at 11:55am.

11.2 The Starting Line will lie between a staff with an orange flag on the RC vessel and a yellow tetrahedron.

11.3 The individual start times are available here, currently for course L <https://sailreg.com/r/charity-bay-race/races/1>

12 RECALLS

12.1 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified; the RC will hail her sail number as soon as possible on VHF 68. It is the responsibility of each boat to start properly.

12.2 Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a boat's redress for request. This changes RRS 61.4(b)(1).

13 THE FINISH

13.1 The finish line will be the start line finishing the tetrahedron to port.

14 TIME LIMIT

14.1 Yachts not finished by 1530 will be scored DNF. This modifies RRS 35.

15 PENALTY SYSTEM

15.1 RRS 44.1 is in effect without modification.

16 HEARING REQUESTS

16.1 Protests shall be initiated in compliance with Rule 60.

16.2 Protests must be filed, in writing, no later than two hours after finishing.

16.3 Scanned, photographed, or e-mailed protest contents must be sent to Info@PointLomaYachtClub.org.

17.4 Protests will be scheduled for a later date.

17 SCORING

17.1 PHRF Random Leg “RLC” Ratings will be used to score all races. PHRF non-spinnaker offsets will not be used for scoring. Yachts shall carry all “Standard Equipment” listed in the US Sailing Safety Equipment Requirements (SER) ussailing.org

17.2 Martin 16 from CSSD will race as a one design and be scored according

18 SAFETY REGULATIONS

18.1 A boat that retires from a race, or chooses not to compete after checking in, must notify the RC. Contact the RC Chair, Jaime Anderson, at (619)994-8730 or JPAnderson@sandiego.gov, to report retirement and provide Sail #, Boat Name, plus owner's name and telephone number.

18.2 Notwithstanding any safety requirements, the ultimate safety of a boat and her crew is the sole and inescapable responsibility of the owner or charterer. He/she must do his/her best to ensure that the boat is fully sound, thoroughly seaworthy and manned by an experienced crew who are physically fit to face bad weather. He/she must be satisfied as to the soundness of hull, spars, rigging, sails and all gear. He/she must ensure that all safety equipment is properly maintained and stowed, and that crewmembers know where it is stowed and how it is used.

19 DISCLAIMER OF LIABILITY

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event participate entirely at their own risk. See RRS 3, *Decision to Race*. The race organizers (PLYC, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. As a condition of their

participation in this regatta, competitors release all claims they may have against PLYC and its officers, directors, members, committees, and employees for damage to property, personal injury or death sustained in conjunction with or prior to, during or after the regatta. Competitors shall be responsible for damage or injury caused by their breach of The Racing Rules of Sailing or applicable governmental rules for the avoidance of collision.

20 RACE RESULTS and TROPHY PRESENTATION

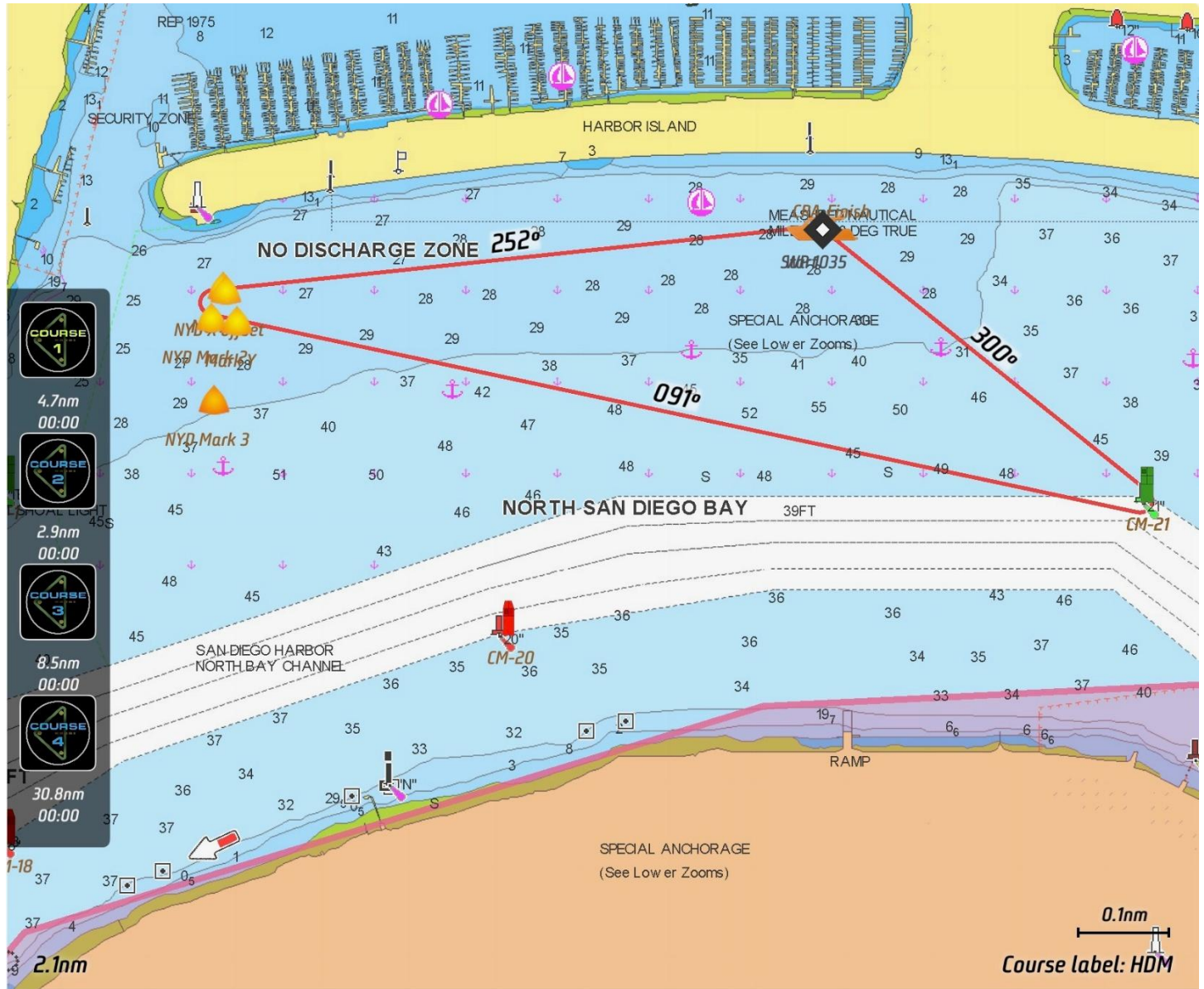
20.1 Results will be posted on the [event site](#).

20.2 Trophies will be awarded at the after party at Sun Road Marina, after 3pm, 955 Harbor Island Dr. Please be sure to join us for food and drinks, results and raffles, and live music. All net proceeds to benefit Challenged Sailors of San Diego.

21 FURTHER INFORMATION

Contact Jaime Anderson, PLYC Race Committee Chair, at (619)994-8730 or JPAnderson@sandiego.gov.

COURSE 1



COURSE L (Default course, unless course S is announced by RC)

